

Diagnostic Testing Information Sheet

Testing administered by Topples Diagnostics, LLC
Main Phone: (404) 267-1818
Fax: (678) 250-8916
Support phone 866-241-4456 ext 0
Support email: support@toppledtx.com
www.toppledtx.com



Testing located at FYZICAL
23 Crossroads Dr Suite 430
Owings Mills, MD 21117
www.baltimoreent.com



To cancel or reschedule, call 410-356-2626 x 1

Appointment Details

Patient name: _____ Appointment date/time: _____

Appointment location: FYZICAL Therapy and Balance Center 23 Crossroads Dr Suite 430 Owings Mills, MD 21117

About the Diagnostic Testing

Hello and welcome! Thank you for allowing us to perform your diagnostic testing. Please do not be nervous about the testing as the procedures are minimally invasive. The methods of testing are performed by a trained Vestibular Technician and have been used for over 50+ years as standard medical practice. The diagnostic tests evaluate how well your inner ears and brain work together to coordinate the function of your balance. The data collected provides information about whether or not a vestibular deficit is the cause of your imbalance or dizziness. For a portion of the testing, you will be wearing lightweight video goggles to record your eye movement. Other portions, you will be standing and/or sitting/lying down. Each test performed is important to paint a complete picture of the potential underlying causes of dizziness/imbalance. Appointments typically last **90 minutes or more** so please plan accordingly.

Preparing for your appointment

- Refrain from wearing ANY and ALL eye makeup to your appointment. This includes mascara and eyeliner.
- No fake eyelashes. Fake eyelashes MUST be removed prior to testing or your appointment will be rescheduled.
- If you have colored contacts, please bring an extra case as you MAY have to remove them for a portion of the testing.
- Please arrive 15 minutes prior to your scheduled appointment time to allow for timely check-in, paperwork preparation, etc.
- If you are more than 15 minutes late for your appointment, your appointment WILL be rescheduled.
- Please continue to take all blood pressure, thyroid, heart medications, hormones, anxiety, depression, and anti-seizure medications that you have been prescribed. There is no need to discontinue any of these medications.
- If possible, please refrain from taking any of the following medications at least 48 hours prior to testing if the medications have been prescribed for your dizziness:
 - Sleeping pills
 - Sedatives or muscle relaxants
 - Anti-dizzy and anti-nausea medications
 - Narcotics or Barbiturates
 - Benadryl
- Please eat nothing for at least 3 hours prior to testing.
- Refrain from alcohol for 48 hours prior to testing.
- You may feel dizzy after completion of the test, so you MAY want to have someone drive you home from your appointment. It is not required.
- Wear comfortable clothing, you will be standing, sitting and/or lying on a table for the duration of the testing. Please wear shoes that are easy to remove. You may be required to remove them for a particular diagnostic test.
- If you are under 18 years of age, a parent must be in the room with a patient while the test is performed. No additional children may be brought to the appointment.

Additional information

If you need to cancel or reschedule your appointment, please call 410-356-2626 option 1. The results from your testing may take up to 2 weeks to be completed and will be available at your doctors' office. Please direct all questions related to your results, and how to follow up, to your doctors' office. Thank you for allowing Topples Diagnostics to serve you!