Your appointment has been scheduled for   Date: _____ Time:_____
at our Owings Mills Office located at **23 Crossroads Dr Suite 430, Owings Mills, MD 21117.**

Therapy Evaluation and CDP Testing

Please arrive 15 mins early to fill out paperwork. If you are using an assistive device such as a cane or a rollator for ambulation, we will **only** be able to do the Physical Therapy Evaluation.

Canceling/Rescheduling

Please give at least 48 hours' notice if you need to cancel or reschedule your appointment. If you have any questions prior to your scheduled appointment, please call **410-356-2626 x158.**

How Much Does It Cost?

Non-Medicare insurance policies do not pay for CDP and we ask that you pay separately for the CDP Test. The cost for the test is **$118.00** and it will be collected after the test is completed.

For Medicare, the claim will be submitted to your insurance. Most are covered; however, if your insurance does not cover the service, the charge of $118.00 will be due and billed to the patient.

What is Computerized Dynamic Posturography (CDP)?

The ability to maintain balance is very complex and depends on three major components:
- The sensory systems (vision, proprioception, and the vestibular system) for accurate information about your body position.
- The brain's ability to use this information.
- The muscles and joints abilities to coordinate movements required to maintain balance.

Computerized Dynamic Posturography (CDP) is a series of functional testing procedures used to evaluate each of these factors. The information obtained provides information needed to make treatment decisions by you and your healthcare professional. The techniques used in CDP were initially developed with support from NASA and later from the National Institutes of Health (NIH). CDP has been used worldwide in scientific research for decades. It is considered the "Gold Standard" for functional evaluation of balance impairment.

What Happens During CDP?

There are several tests within the CDP evaluation protocol. During testing you will be wearing a safety harness and standing on a special platform in an environment that will challenge your balance systems in different ways. As one example, you will be asked to keep your eyes closed during brief periods of the test. Your body should automatically respond in each part of the balance system

challenged, such as having eyes closed, thus using the other systems balance. Other tests include measuring your balance reaction when the platform on which you are standing on is moving. The entire evaluation is safe, painless, and brief. You only need to relax stand quietly and do your best to follow instructions for each of the test periods. Your responses are analyzed and compared to the balance skills that are normal for your age. We then review the results to narrow down your functional balance problem and design a focused treatment strategy for you.

Why is CDP Test Information Important?

If you have been experiencing balance problems, complete understanding of the problem is the first step to planning effective treatments. CDP results will be combined with information from your medical history, your physical evaluation, and any other laboratory tests you may have had. CDP results are unique, hoping to focus rehabilitation on the right problem and eliminate any guesswork. After a period of this targeted rehabilitation, retesting is done to confirm that you are on the right track to recovery and your Physical Therapist to make any adjustments that may be necessary.

Understanding Your Balance

You have taken an important step by consulting healthcare professionals with specialized training and expertise. The process starts with a complete evaluation. CDP is a key part of a thorough evaluation of your balance system. CDP results provide unique insight about factors that may be contributing to your balance problem.

We look forward to your evaluation and thank you for trusting Fyzical at Chesapeake Ear, Nose, and Throat: A Division of CAdENT LLC., with your care.