

Preparation for Your Allergy Testing

Your medical provider has recommended allergy testing in our office. This test will take approximately 30 minutes. You should arrive 15 minutes before your allergy testing appointment to complete a special allergy history form.

For the allergy testing to be accurate, you must stop all antihistamine medications 6 days before allergy testing. A list of these medications is included below. Many over-the-counter cold and allergy medications also contain antihistamines, so please avoid these. **Over-the-counter sleep aids and motion sickness pills** must also be stopped 6 days prior to your testing. If you are uncertain if the medication you are taking contains an antihistamine, please check with our office or with a pharmacist.

We reserve the right to charge a no show/ cancellation fee for any appointment that is not rescheduled or cancelled 24 hours in advance.

Over the Counter

Actifed Cold and Allergy
Actifed Cold and Sinus
Allerfrim, Aprodine
Benadryl Allergy/Cold
Benadryl –D Allergy/Sinus
Claritin/Claritin D

Dimetapp Cold and Allergy Elixir
Dimetapp Mult-Symp Cold & Allergy
Drixoral Cold and Allergy
Drixoral Cold & Flu
Traiminic Cold & Allergy

ANY GENERIC OR BRAND OF MEDICATION THAT SAYS “COLD” OR “ALLERGY” ON IT.

Rx Only

Accuhist
Allegra/Allegra-D
AlleRx
Astelin
Astepro
Azatadine
Atarax
Advil PM
Biohist
Bromfenex
Chlorpheniramine
Clarinet/Clarinet-D
Codaprex
Cyproheptadine (Periactin)
Deconamine
Deconamine ST, Chlordine SR
Dimetene-DX
Extendryl

Histussin HC
Phenergan/Dextromethorphan
Phenergan VC
Phenergan VC with codeine
Poly-Histins
Profen Forte
Rondec Syrup, Rondec DM, Rondec oral drops
Rynatan, Ryantan-P
Semprex-D
Tanafed
Train-C, Actifed with codeine
Tussionex
Tylenol PM
Viravan
Vistaril
Xyzal
Zyrtec